

Winter

Winter/Spring 2014 - January, February, March, April

Spring

Sebago Happenings

VOLUME 6, ISSUE 1

APPROVED BY THE BOARD OF SELECTMEN



Inside this Winter/Spring Issue:

Recreation Department	2
Sebago Days Committee is Looking for Volunteers	2
From the Doghouse	2
Notes from Ambulance 5	3
Clerk's Corner	3
Fuel Assistance Program Thank You	3
Community Calendar	4

What's Happening to "Sebago Happenings"?



By Maureen F. Scanlon, Editor

With this edition you will be noticing a minor change in the frequency of the "Sebago Happenings" newsletter.

Basically, we are going from quarterly editions to three per year. The first edition will cover Winter/Spring, the second will cover Spring/Summer and the third will cover Summer/Fall.

Our goal is to still provide our residents and visitors with up-to-date information on what is going on in Sebago in a more cost effective way. By decreasing the number of editions we produce each year we will also be decreasing the amount of precious tax dollars needed to provide this service without a decrease in quality. The Board of Selectmen and the Town Manager all agree that it may not seem like a lot of

money in the overall scheme of things, but every little bit helps and in these economic times we all need to stretch a dollar as far as it will go.

Many residents and visitors have stated that they find our newsletter very informative and helpful in remembering specific dates such as tax payment due dates and the Annual Rabies Clinic. We hope that this change will be acceptable to all of you and promise to continue to strive to fulfill the goals of our Mission Statement (located on the back page of every edition). I look forward to improving the process as we move forward and I welcome any suggestions you may have to improve our "Sebago Happenings" newsletter. I can be reached at the Town Office at (207) 787-2457 if you have any comments or suggestions.

HOURS OF OPERATION

Town Office

- Tuesdays - 10am—7pm
- Wed., Thurs., Fri. 8am—5pm

Transfer Station

- Tues., Thurs., Sat., Sun. 7am—5pm

General Assistance

- Tuesdays - 1pm—3pm

Boston Post Cane Awarded to Barbara Thorne

By Maureen F. Scanlon, Editor

In 1909 the now defunct Boston Post newspaper distributed painstakingly designed walking canes to 700 New England towns. The canes, made of ebony imported from Africa and crowned with 14-karat gold were then presented to the oldest living male of those municipalities. Since then, for over a century, the canes have been handed down to the next oldest survivor in town. Women were added to the list of cane recipients starting in 1930. The original cane that was given to the Town of Sebago hangs in a special display case that was made by Sebago resident Bob Burns. A copy of the cane is what is now awarded to the town's oldest resident.



On December 1, 2013 at the Sebago Center Church, the Sebago Historical Society awarded long time resident Barbara Thorne with Sebago's Boston Post Cane. On Christmas Day Barbara turned 94 years "young" which makes her our oldest resident. All four of Barbara's children were present with approx. 75 people to wish her well. She has lived in Sebago most of her life and spent three years as an Assistant Librarian at the Spaulding Memorial Library before becoming the Librarian in 1986 until her retirement in 2007. Barbara is still enjoying being an active member of the community.

Congratulations Barbara!



If you are interested in joining the Sebago Historical Society or would like to volunteer to help them preserve Sebago's history, please contact Ann Burns at 787-2489.

RECREATION DEPARTMENT



By Maureen F. Scanlon, Editor
& Corinne Davis, Rec. Director

Winter in Maine is a great time to get outside and enjoy the beauty of our gorgeous State while also getting some much needed exercise. You may enjoy snowmobiling, downhill or cross country skiing or maybe even ice fishing, but did you know that the town has an ice skating rink available for use at no cost to you. This is an inexpensive way for the whole family to have fun without worrying if the ice is thick enough to skate on. That's because you're not skating on the questionable thickness of the ice on the lake. Our ice rink is located by the baseball field just

behind the Sebago Elementary School. If you are at least 18 years old, we also have snowshoes available for use, free of charge.



If you are interested in using a pair or two, contact Corinne Davis at 595-8173.

YOUTH BASKETBALL: This year the 3rd & 4th grade boys team will celebrate the end of the season at the Round Robin Celebration. This will be held at Lake Region High School on Saturday, February 8th at 1:00pm in the gym. Thanks to the coaches Jess McVicar, Naomi Phillips, Nolan Abrams and league rep. Jeff Cutting. They made this a fun filled basketball season!

The 5th & 6th grade boys season will continue on Saturday mornings at Lake Region Middle School coached by Tracy Grass. Games are Feb. 8th @ 9:00am, Feb. 15th @ 9:00am & 10:00am, March 1st @ 10:00am, and March 8th @ 9:00am. The finals and championship will be played on March 12th @ 5:00pm and March 15th @ 9:00am. **Good Luck Boys!!**



EASTER EGG HUNT:

This year's Easter Egg Hunt will be held at Sebago Elementary School on Saturday, April 19th starting at 10:00am. Bring your baskets and see how many eggs you can collect!



Skiing is great fun for all ages!



SEBAGO DAYS COMMITTEE IS LOOKING FOR VOLUNTEERS!

By Carl Dolloff, President, Sebago Days Committee

As I look out the window, I see lots of snow on the ground and subzero temperatures on the thermometer. Its hard to believe its time to start thinking about Sebago Days already. As I drive out of my driveway to attend my first Sebago Days meeting of the year it feels strange to being thinking about planning this year's event that will be taking place in the hot July sun. The Sebago Days Committee starts meeting in January and continues to meet every month through July. The committee is always looking for new members that may have new ideas to help provide a fun filled event for our community. This year we are in need of a parade coordinator. The committee realizes that we all have busy lives that keep us going in many directions and therefore the time and effort donated by volunteers is greatly appreciated. The committee will be celebrating 36 years of dedicated service to the Sebago Days event on July 18th & 19th. If you would like to join our team by becoming a committee member, would like to volunteer to help during the event, or share any suggestions you may have to help make this popular event even more fun for everyone, please contact me at 787-3732.



FROM THE DOGHOUSE



By Jacquie Frye, Animal Control Officer
Call 642-4343 (Standish Dispatch) for
Animal Control Issues

Hello Friends & Neighbors - I'd like to remind dog owners to please register your dogs for 2014. I'd also like to thank everyone that brought their dogs/cats to the annual Rabies Clinic that was held at the "Old" Sebago Town Hall building on January 4th. It was a great turnout and is an inexpensive way to make sure your pet is

protected from rabies which has been found in our area.

I would also like to mention that if you find a stray dog or cat, someone is probably looking for them to come home. Please check with neighbors if found in your neighborhood. Call your Animal Control Officer. I can be reached through the Standish Dispatch Center at 642-4343. They will ask you for your contact number and page me so that I can

return your call. Call local shelters, nine times out of ten there is a worried pet owner also checking to see if they have been brought to the shelter.

For this Animal Control Officer it is the best part of my job reconnecting pets with their families.

Have a great winter and keep you and your pets safe and warm!





NOTES FROM AMBULANCE 5



By Anita Chadbourne-Field, EMT-P
Captain, Sebago EMS

Hi Everyone! I was asked to put together a new column for the town newsletter. As I thought about what to write, it occurred to me that we have had a particularly cold yet oddly warm winter. This leads to the potential for hypothermia from the cold or from getting wet if you venture onto unsafe ice to fish. Hypothermia is a risk for children and the elderly as well, especially when it is so expensive to heat one's house. I thought it would be nice to take a moment to review for you why hypothermia happens, its symptoms, and how to care for someone who is cold or wet while waiting for help to arrive.



Hypothermia occurs when the thermostat in your brain cannot keep your body temperature at a "normal" level.

For most of us, "normal" is around 98.6° F. Your body's thermostat is challenged when the body is exposed to cold air and cold water. Signs and

symptoms of hypothermia start to become apparent when your body temperature drops below 95° F and become severe when the body's temperature drops below 82° F. People get very sleepy and may not be alert when their body temperature drops down to 86° F. Hypothermia is a medical emergency and if not treated can lead to death. So, what are the signs & symptoms to watch for?



People with hypothermia may: shiver, be cranky/irritable, have cold hands & feet, be unsteady on their feet standing or walking, may not have fine motor skills (their fingers aren't working right), or be slow to answer questions. Friends or loved ones with any of these signs & symptoms should be encouraged to get to a warm area out of the wind. They should get out of any wet clothes, wrap up in blanket, and drink warm fluids. If you need to care for them while waiting for help to arrive do all of the above listed things.

What not to do:

→ Do not force warm fluids into a sleepy person as doing so could cause choking!

→ Do not put a very cold person into a hot bath or shower as doing so can cause fainting or a cardiac arrest.

→ Do not assume that if the person stops shivering they are warming up. The body loses its ability to shiver, as it gets colder. A person who is getting sleepy and stops shivering is experiencing a life threatening medical emergency.



Please do not hesitate to call 911 and have Sebago EMS come out to evaluate you, a friend, or a loved

one if you are concerned about hypothermia. We are available to serve the citizens of Sebago 24 hours a day, 7 days a week. Enjoy the rest of the winter before we know it mud season will be here!



Support
your local
Emergency
Services
Providers.
It could
save your
life!



CLERK'S CORNER

NOMINATION PAPERS will be available in the Clerk's Office during regular hours on February 26, 2014 for the following positions: 2 Selectmen, Assessors, and Overseers of the Poor - 3 year term; 2 Budget Committee Members - 3 year term; 1 S.A.D. #61 School Board Member - 3 year term; 1 Potter Trustees Committee Member - 7 year term; 1 Sebago Cemetery Committee Member - 5 year term. Deadline for filing is Friday, April 4, 2014 at 5:00 pm. You will need to collect no less than 25 signatures but no more than 35. Contact Town Clerk, Michele Bukoveckas at 787-2457 for questions.



Fuel Assistance Program Thank You



By Edythe Harnden, Selectman,
General Assistance Administrator

On behalf of the Town's Fuel Assistance Program, I would like to thank all those that have made donations throughout the year. This fund is used to help families that need assistance obtaining heating fuel but do not qualify for the town's

General Assistance program. Although the screening process is the same, this program helps families that "fall through the cracks". Unlike the funds provided from tax revenues for the town's General Assistance program, several fund raisers are held throughout the year to raise the funds needed to support this program. Your donations will help keep families in

town warmer this year. We appreciate your continued support at the various fund raisers and donations are also accepted at the town office throughout the year. If I have missed sending anyone a thank you note for a donation that was made, I am sorry and want you to know that your gift is very much appreciated.

Thank you, Edie





TOWN OF SEBAGO, MAINE

406 Bridgton Rd.
Sebago, ME. 04029
Phone: 207-787-2457
Fax: 207-787-2760

MISSION STATEMENT
To provide truthful, up-to-date and educational information on how the community works, in order to provide the opportunity for making informed decisions while also enriching the lives of our citizens that want to live here, prosper, and raise their families.

PRST STD
US POSTAGE
PAID
DENMARK, ME.
PERMIT #2



Subscribe to
"Sebago Happenings"
on-line!

CARRIER ROUTE
PRESORT POSTAL PATRON
ECRWSS

We're on the web!
www.townofsebago.org



COMMUNITY CALENDAR



BOARD OF SELECTMEN MEETINGS
(Tuesdays at 6:00 p.m.)



January 7
February 4
March 4 & 18
April 1 & 15

WINTER SALT/SAND AVAILABLE FOR SEBAGO RESIDENTS



Just a reminder that Sebago residents and taxpayers may obtain salt/sand from the designated area in the lean-to building located in front of the Public Works Garage (and next to the EMS Bldg.) to use only on their own property located in the Town of Sebago. Contractors shall not obtain or use any town salt/sand for commercial purposes. Your safety is our concern!



ASSESSORS FIELD WORK

Please be advised that the Town of Sebago will be conducting it's yearly assessing of resident properties. Employees from John O'Donnell & Associates have permission from the Town of Sebago to assess properties in the Town. **If you have any questions or concerns, please call 787-2457.**

PLANNING BOARD MEETINGS
(Tuesdays at 7:00 p.m.)

January 14
February 11
March 11
April 8



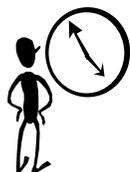
RECREATION DEPT. ACTIVITIES

Make sure to check out page 2 to see what's going on with the Recreation Department this winter and spring.



SEBAGO FOOD PANTRY UPDATE

The Sebago Food Pantry is adding one additional monthly distribution day. It will be the 2nd Monday afternoon of each month from 3:00 p.m. to 7:00 p.m.



SPRING AHEAD!

Daylight Savings Time begins on March 9, 2014. Don't forget to set your clock to "spring ahead"!

Winter

